

# interview

with **Sri M**

Sri M - spiritual guide, social reformer and educationist - was born into a Muslim family on November 6, 1948 in Thiruvananthapuram, Kerala. His transformational journey, from a young boy to a living yogi, is a fascinating story symbolized by single-minded discipline and dedication. He travelled to the Himalayas at the age of 19, meeting saints and sages, and gained his spiritual fulfillment under the guidance of Maheshwarnath Babaji. He is married and has two children. His autobiography, *Apprenticed To A Himalayan Master - A Yogi's Autobiography*, is a bestseller. Living in Madanapalle, Andhra Pradesh, he leads a simple life - teaching and leading the Satsang Foundation and Manav Ekta Mission.

